

The Hawaiian Trail and Mountain Club [HTMC] Schedule of Hikes and Events, April – May – June 2017



A \$3.00 donation is requested for each non-member, age 18 or over. Those under 18 must be accompanied by a responsible adult.

See the website for meeting locations. For trail maintenance, call Mike Algiers, 422-1048. Please sign our release and abide by our rules.

We do not arrange transportation. However, you are welcome to arrange your own. You are cautioned not to leave valuables in parked cars.

Bring lunch and water on all hikes. Wear sturdy shoes and clothing. Extra caution may be required on some trails. You are responsible for yourself at all times.

Keep trails and lunch sites free of litter; treat trees and plants with respect and care. ALWAYS be careful with fire, matches and cigarettes.

Many of our hikes require special permission. For trails open to the public, refer to <https://hawaiitrails.ehawaii.gov>. Firearms and pets are prohibited on hikes.

VISITING HIKERS ARE WELCOME
HAWAIIAN TRAIL AND
MOUNTAIN CLUB, Inc.
P.O.Box 2238, Honolulu, HI 96804



<http://htmclub.org>
Email: <http://htmclub.org/about/contact/>

Legend=(Length/Skill/Terrain/Locale)* GPS Length

We no longer meet at 'Iolani Palace. Meet at the trailhead. Please check the HTMC website for directions and for any unforeseen changes to the events.

Note – Reservations required for 5/20 Kuaokala.

Apr 1 Sat 8:30AM LĀ'IE POOLS
Hawaii Reserves permit cards required (see htmclub.org for details).

(6.8 Mi*/Intermediate/Graded Ridge/Lā'ie)
Starting on warm dusty roads, we negotiate several tricky junctions leading us onto a contour trail which climbs steadily upward through stands of shady guava and ironwood. Numerous spots to pause for breath, and breathtaking views, before reaching our goal, a small gem of a waterfall pool where you can cool your toes. Coordinator Ron Miller, ronmiller@htmclub.org or 429-8123.

Apr 2 Sun 2PM HTMC ANNUAL MEETING
Come to Waimānalo and let your voice be heard and your vote be counted regarding the future of the Club. Drop by early to enjoy the beach, clubhouse grounds, and camaraderie with other members. New members are especially encouraged to come!

Apr 8 Sat 9AM WAIMEA VALLEY
(7 Mi/Intermediate/Valley-Ridge/Waimea)
We start at Waimea Valley Park (park fee required) and ascend Elehāhā Valley to the Cattle Chute, which gently leads up Keanaloa Ridge to Pūpūkea. Then hike down Drum Road to a little-known short cut trail back to Elehāhā and the cars. Additional fees for the Park are required. Kama'aina: \$12; 62+ Seniors & Students \$8. Visitors: \$16; Seniors & Students \$12. Coordinator Peter Kempf, 384-2221 or 735-2220.

Apr 8 Sat EAST COAST SWING LESSON AND MUSIC
Presenter: Beth Betts
5:30PM Potluck, 7PM Dancing, Clubhouse
Come for a fun evening of beginning East Coast Swing dance. We'll start by providing a short introduction about swing dancing, give a short demonstration, and then teach the basic single step swing to everyone. Then we'll add a couple of steps that include turns for the man and the woman. We will end with playing some swing music for practice. Guests and non-members are welcome with a \$3 clubhouse donation fee. Please RSVP to entertainment@htmclub.org.

Apr 9 Sun 8AM MEMBERS ONLY
KOLOWALU-OLYMPUS-WAIAKEAKUA LOOP
(4.9 Mi*/Advanced/Ridge/Mānoa)
This fun, challenging loop is one of the club's newest hikes. Expect plenty of ridge climbing and a hair-raising summit crossing over a sedanized rock. Coordinator John Braum, johnb@htmclub.org or 391-8189.

Apr 16 Sun 8:30AM TANTALUS RAMBLE
(3.5 Mi*/Intermediate/Ridge/Tantalus)
This hike, first surveyed by Dick Booth, is found less than an hour away from Honolulu. It is a series of paths that meander all over Tantalus, all interconnected through a myriad of trails. Pay close attention to the trail ribbons and the trail leader's instructions, or you'll end up spending the night on the mountain viewing the city lights. Coordinator Justin Ohara, 590-0939.

Apr 22 Sat 9AM WAIMANO POOL
(3 Mi/Novice/Valley/Pacific Palisades)
This hike leads to a stream with a series of pools which are perfect spots for a leisurely lunch or a refreshing dip. Hiking in is mostly downhill, but the return trip is a steep climb up aptly named "cardiac hill". Coordinator Rich Bailey, rich.bailey@htmclub.org or 292-8171.

Apr 22 Sat HATHA YOGA CLASS
Presenter: Rasika Gopi
5:30PM Yoga, 7PM Potluck, Clubhouse
We are blessed to have Rasika Gopi lead us in a second yoga session at HTMC. Come join her for a hatha yoga class that will support your hiking practice. Tune in to your breath in a moving meditation. All levels are welcome! Guests and non-members are welcome with a \$3 clubhouse donation fee. Please RSVP to entertainment@htmclub.org.

Apr 23 Sun 8:00AM MEMBERS ONLY
KAWAILOA RIDGE
(13 Mi/Advanced/Ridge/Hale'iwa)
All vehicles must enter AND leave together. Stopping is not allowed on the 30 minute drive on the rough road to the trailhead. Adhere to the "turn-around" time since all vehicles must exit together. A rough, muddy, long, historic trail winds up to the Ko'olau Summit Trail through lush vegetation. Coordinator Darrell Teruya, teruyadt@att.net (preferred) or 227-4572.

Apr 30 Sun 8:30AM LANIPŌ
(6.4 Mi*/Intermediate/Ridge/Kaimuki)
This up and down hike provides an exhilarating workout along a scenic ridge with a good variety of native vegetation. The last section features views of a volcanic crater, a waterfall, and the windward coast. Coordinator Karen Liliker, karen.liliker@htmclub.org or 349-8336.

May 6 Sat 8:30AM KAWA'EWA'E
(3.6 Mi*/Intermediate/Ridge/Kāne'ohe)
Our route starts in the pleasant Friendship Gardens in residential Kāne'ohe, but quickly moves beyond the "novice" category. The views are great, and provide a different perspective on Kāne'ohe and the bay. Coordinators Dayle & Jacque Turner, turner@hawaii.edu or 729-3811.

May 6 Sat GEAR SWAP
5:30PM Potluck, 7PM Presentation, Clubhouse
It's always a good time for a spring cleaning! Don't be afraid to open your garage & closets and explore those nooks & crannies where you have been storing your unused hiking & camping gear. Bring it to the Clubhouse to exchange, sell or donate and share a fun evening together devoted to gear, gear & more gear. Guests and non-members are welcome with a \$3 clubhouse donation fee. Please RSVP to entertainment@htmclub.org.

May 7 Sun 8:30AM MEMBERS ONLY
WAI'ANA'E-KA'ALA
(9.0 Mi*/Advanced/Ridge/Wai'anae)
This trail climbs from the end of Wai'anae Valley Road to the highest point on O'ahu: flat-topped Mt. Ka'ala (4025'). The magical summit bog has spectacular native vegetation. Please stay on the boardwalk to protect this fragile ecosystem. Coordinator Ralph Valentino, 864-8130.

May 13 Sat 9AM to 12:00PM CLUBHOUSE WORKDAY
Show your appreciation by volunteering at our quarterly "spruce up the clubhouse" workday. Choose to do yardwork or lighter tasks, like vacuuming, inside the clubhouse. A detailed to-do list will be posted. All will be rewarded by a savory lunch provided by our club. After the workday, go for a swim or a stroll on beautiful Waimānalo Beach, which is just minutes away.

May 14 Sun 8:30AM WAI'AU
(10.2 Mi*/Advanced/Ridge/Wai'au)
Do you have the power of endurance and the ability to withstand fatigue when hiking this rugged ungraded ridge trail challenged by the landmark Big Dip, a maze of uluhe and mud 2/3 of the way to the Ko'olau crest? Hike on! Coordinator Barb Bruno, barb@htmclub.org (preferred) or 366-9499.

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May 20 Sat 9AM KUAOKALĀ
RESERVATIONS REQUIRED – LIMIT OF 35
(5 Mi/Intermediate/Ridge/Mākaha)
The majority of the elevation gain is by car, driving up a narrow military road to those mysterious "golf balls" above Yokohama Bay. From there, a relatively level trail follows the Mākua Valley rim, with beautiful views into the valley and along the Wai'anae coastline. Coordinator Grant Oka, goka@htmclub.org or 674-1459.

May 20 Sat GAME NIGHT
5:30PM Potluck, 7PM Presentation, Clubhouse
Come join your fellow hikers for an evening off the trails exploring board games, getting lost in card games and more! Bring your own games to share or select from one of the games provided but get your dice roll ready and your card face on for a memorable evening. Guests and non-members are welcome with a \$3 clubhouse donation fee. Please RSVP to entertainment@htmclub.org.

May 21 Sun 8:30AM MEMBERS ONLY
KA'AU CRATER
(4.7 Mi*/Advanced/Steep Valley-Ridge/Pālolo)
Welcome back to this tropical loop trail. You'll climb 3 waterfalls (with extreme caution!), reach a water-filled crater, and climb the eroded crater rim (more caution) to the Ko'olau summit. After enjoying lunch and a spectacular view there, return via the ridge trail. Coordinator Arnold Fujioka, 551-0227.

May 28 Sun 8:30AM PAUOA WOODS
(6.2 Mi*/Intermediate/Ridge-Valley/Tantalus)
This mixed plate hike rambles through various terrain & vegetation zones in the Tantalus area. Some sections are level & wide, others are steep & narrow. Experience native forest, bamboo groves, and guava thickets. Watch for ancient rock walls, and critical junctions. Coordinator Steve Davis, steve.davis@htmclub.org.

Jun 3 Sat 8AM MAKAPU'U SCRAMBLE
(2 Mi/Novice-Intermediate/Hillside/Makapu'u)
A scenic route takes us to the lighthouse viewpoint where we may see a whale or two. For the adventurous, there's an optional scramble down a fisherman's trail to the rock shelf and tide pools at the ocean's edge (use caution in high surf conditions). Coordinator John Hall, ph 377-5442.

Jun 3 Sat JOURNEY THROUGH THE
INVISIBLE ELEMENT
Presenter: Jorge Atramiz
5:30PM Potluck, 7PM Presentation, Clubhouse
A unique view of our planet and a lifestyle called free flying through the images and the adventures of aerial photographer and world traveler, Jorge Atramiz. Guests and non-members are welcome with a \$3 clubhouse donation fee. Please RSVP to entertainment@htmclub.org.

Jun 4 Sun 8:30AM MEMBERS ONLY GODEK-
JASKULSKI RIDGE
(9.3 Mi*/Advanced/Ridge/Moanalua)
Climb steeply to the west ridge of Moanalua Valley, and follow it nearly to the summit, cautiously tightrope walking across a few narrow sections. After lunch, descend a side ridge (steeply) to a carriage road for the hike back out. Coordinator Doug Klein, 263-8330.

Jun 11 Sun 9AM KEĀLIA
(9 Mi/Intermediate/Graded Hillside/Mokulē'ia)
We always switchback up the pali, but at the top are numerous possible routes. Whichever one we take this year, count on some road walking, trail hiking, good views, and plenty of ups and downs. Coordinator Stuart Ball, stuart@htmclub.org or 247-5380.

Jun 17 Sat 8:30AM NU'UANU
(6.3 Mi*/Intermediate/Valley-Hillside/Nu'uau)
Will we go up? or go down? This trail within trails combines a steep stretch with a level contour through an airy forest for an interesting Saturday workout. But which part first? Only the coordinator knows, so follow his ribbons carefully. Coordinator Wil Kawano, 397-8680.

Jun 17 Sat SHOREBREAK: THE CLARK
LITTLE STORY
5:30PM Potluck, 7PM Presentation, Clubhouse
It's movie night time at the Clubhouse! Join us for this newly released 2016 HIFF documentary. Come learn more about Oahu's own renowned surf photographer Clark Little. This daring shorebreak photographer's story is as mind blowing as his images. Guests and non-members are welcome with a \$3 clubhouse donation fee. Please RSVP to entertainment@htmclub.org.

Jun 18 Sun 8:30AM MEMBERS ONLY PU'U O
KONA
(4.9 Mi*/Intermediate/Ridge/Kuli'ou'ou)
This strenuous hike circumnavigates Kuli'ou'ou Valley, utilizing both side ridges and a stretch of the Ko'olau summit. Much of the trail is extremely steep, and occasionally narrow & precipitous. Midway it intersects the state trail, which provides a bail-out. Coordinator Laura Owens, laura.owens@htmclub.org or 388-5373.

Jun 25 Sun 8:30AM KAMANA NUI
(9.2 Mi*/Intermediate/Valley/Moanalua)
This valley hike takes you 2 miles on a dirt road before plunging into a jungle of lush vegetation. Expect roughly thirty stream crossings, then a very steep climb to the Ko'olau summit, with stunning views of the windward side! Return the same way. Coordinator Mike Algiers, 422-1048.

Jul 1 Sat 9AM 'AIEA LOOP
(4 Mi/Novice/Contour/'Aiea)
A delightful journey through a eucalyptus, Cook pine and strawberry guava forest. A wide trail with views of the Waianaes, H-3 and Pearl Harbor. Be sure to look for the crashed airplane from WWII. If rainy, it could be muddy, otherwise a very enjoyable and relatively easy hike for all. Coordinator Ron Miller, ronmiller@htmclub.org or 429-8123.

Jul 2 Sun 8:30AM KAHANA VALLEY
(4.5 Mi*/Intermediate/Valley/Kahana)
This valley offers a network of criss-crossing trails with excellent swimming holes and mountain apples in season. The route involves many stream crossings. Walking poles and mosquito repellent are recommended. Meet in the outer parking lot of Kahana Valley State Park. Coordinator Larry Lee, larry.lee@htmclub.org (preferred) or 537-3445.

CLUB MEETINGS

Directors Meetings
April 19 – May 17 – June 21
7:00 PM – Members Welcome
Clubhouse
41-023 Puuone St., Waimānalo 96795

Schedule Meetings
April 5 – May 3 – June 7
7:30 PM – Members Welcome
Hermann & Myra Dombrowski, 488-1161
99-856 Lalawai Drive, Halawa Hts. 96701

COMMON SENSE HIKING SAFETY

Planning

Hike with a partner (or a club)
File a flight plan with someone who knows where you're going. Tell them who's going with you, and when you're expected back.
Get info about the trail
Wear adequate clothing & hiking boots
Check weather conditions
Know your own capabilities

Gear Up!

Cellular Phone
Something brightly colored
A Whistle
Rain Gear
First Aid Kit
2 or 3 liters of water
Space blanket
Flashlight

Do It!

Stay on the trail
Look where you step
Stay together or regroup
Watch the time
Monitor everyone's condition
Monitor the weather
Avoid undue risks

Pau

When finished, let the person holding your flight plan know that you have returned safely.

IN AN EMERGENCY

Call 911 - ask for Fire Rescue
Be Visible - use that brightly colored jacket
Be Audible - use the whistle
Stay Calm - keep a positive attitude
Stay Put - increase your chances of being found
Stay Warm - use that space blanket; stay dry & out of the wind